

# Beyond Inpatient Rehabilitation: Maximizing Quality of Life and Long Term Outcome for the TBI Survivor

**Saturday, August 11, 2018**

SSM Health DePaul Hospital - May Center  
12303 DePaul Drive  
Bridgeton, MO 63044

## PROGRAM AND PRESENTERS

### PROGRAM SUMMARY

The purpose of this course is to explore effective multidisciplinary discharge from the inpatient rehabilitation unit including how to utilize effective resources in the community to support the long term needs of the TBI survivor. Information will be presented to assist in planning for an effective community discharge. Participants will benefit from access to community resources and networking with other allied health professionals caring for these clients in the St. Louis community.

### TARGET AUDIENCE

Nursing, PT, PTA, OT, COTA, Speech Language Pathologist, Case Manager, Social Worker

### EDUCATION LEVEL

Intermediate

### PROGRAM FACULTY

**Maha Younes, Ph.D.**  
Neuropsychologist  
Kessler Institute of Rehabilitation

**Phuong Nguyen, MD**  
Physiatrist  
SSM Health Rehabilitation Hospital

**Kerri Bowes, MSW, LMSW**  
SSM Health Rehabilitation Hospital

**Samuel Charway, BSN, CRRN**  
SSM Health Rehabilitation Hospital

**Kathleen Winkelmann, OTR/L, CBIS-T**  
SSM Health Rehabilitation Hospital

**Brittany O'Rourke, PT, DPT, CBIS**  
SSM Health Rehabilitation Hospital

**John Mundloch, MS, CCC-SLP, CBIS**  
SSM Health Rehabilitation Hospital

**Rachel McCarthy, OTR/L, CBIS**  
Occupational Therapist  
SSM Health Rehabilitation Hospital

**Christine A. Alsop**  
Attorney at Law  
The Elder and Disability Advocacy Firm

**Debbie Emmelkamp, MSW, LCSW**  
Social Worker, President  
Decision Point Consulting, Inc.

**Lindsey Kampwerth, OTR/L**  
Director of Assistive Technology  
Paraquad

**TJ Zuzga**  
Mobility Specialist  
United Access

**Nathan Franklin**  
TBI Survivor

## LEARNING OUTCOMES AND AGENDA

At the conclusion of the course, participants will be able to:

- \* Discuss the psychological and behavioral barriers to discharge for brain injury survivors and their caregivers.
- \* Discuss the relationship between long term patient outcome and caregiver support.
- \* Discuss the importance of behavioral modification training to long term patient outcome and reduction of caregiver fatigue.
- \* Identify the role of the multidisciplinary team in discharge planning.
- \* Discuss the benefits of a team discharge plan to the long term patient outcome.
- \* Discuss the importance of home evaluations to the discharge plan.
- \* Discuss the difference in perspective each member of the treatment team brings to the home evaluation process.
- \* Identify methods of performing a home evaluation when the patient's physical home is inaccessible to the treatment team.
- \* State the documentation needed and criteria that has to be met to support a claim of guardianship / conservatorship.
- \* Discuss how careful estate planning positively impacts the ability of a TBI survivor to be successful in a home environment long term.
- \* State the documentation needed and criteria that has to be met to support a disability claim.
- \* Discuss how assistive technologies in the home can mitigate barriers to home discharge.
- \* Discuss how assistive technologies can increase the ability of clients with TBI to return to work/school.
- \* Recall the role assistive technologies can have on long term success for clients who use them to promote independence.
- \* Discuss the process involved in returning to driving for a survivor of brain injury.
- \* Recall vehicle adaptations available for a client returning to driving.
- \* Discuss vehicle adaptations available to ease burden of care for caregivers.
- \* Understand brain injury recovery and return to community from the patients' perspective.

7:00am **Registration/Continental Breakfast**  
7:45am **Welcome and Introductory Remarks**  
8:00am **Psychological Support: Impact on Long Term Outcomes**  
Maha Younes, PhD  
9:00am **Panel Discussion and Case Studies: Discharge Planning**  
Phuong Nguyen, Kerri Bowes, Samuel Charway, Kathleen Winkelmann, Brittany O'Rourke, John Mundloch  
10:00am **Break - Vendor Exhibits Open**  
10:15am **Home Evaluations**  
Rachel McCarthy, OTR/L, CBIS  
11:00am **Legal Concerns of Long Term Care for the TBI Survivor**  
Christine Alsop, Attorney at Law  
Debbie Emmelkamp, MSW, LCSW

12:00pm **Lunch Provided - Vendor Exhibits Open**  
12:45pm **Technological Support for the TBI Survivor**  
Lindsey Kampwerth, Paraquad  
1:30pm **Driving and Vehicle Modifications**  
United Access  
2:15pm **Break - Vendor Exhibits Open**  
2:30pm **Celebrating Success!**  
Nathan Franklin, TBI Survivor  
3:00pm **Closing Remarks / Course Evaluations**  
3:15pm **Adjourn**

# REGISTRATION AND CONTACT HOURS

**Registration:** Opens Monday, May 21, 2018. Registration through Online Registration Center at the web address below:

<https://www.onlineregistrationcenter.com/SSM2018BI>

Registration closes @ 10am Friday August 3, 2018. Attendance is limited to 110 participants. Free attendees are limited to 30 participants unless space allows for an increase of this restriction. This will be determined after registration closes on August 3, 2018.

**Course fee is \$50. Complimentary registration extended to employees of SSM-Select Rehab St. Louis, LLC and employees of our JV partners (SSM Health St. Louis and Select Medical Holdings Corporation). Reduced fee registration of \$25 is extended to SSM-SLUH employees.**

If the SSM Health Rehabilitation Education Department determines the class will be cancelled and/or re-scheduled, an e-mail will be sent to all registered attendees.

Cancellations and/or special needs requests need to be made at least 48 hours prior to the beginning of the session by contacting Carey Lohman, Director of Education, at 314-474-1700 or [clohman@ssm-select.com](mailto:clohman@ssm-select.com).

### Contact Hours:

**\*\*ALL CEU applications are pending. The contact hour and CEU amounts listed below are expected; however, these may change during the approval process.\*\***

**RN** - The Inpatient Rehabilitation Division is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Accredited status does not imply endorsement by the Inpatient Rehabilitation Division or ANCC of any commercial products or services. There is no commercial support for this activity. This course designates 6.25 contact hours for nurses.

**CCM** - This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 5.75 clock hours. Intermediate Level Course. Approval pending.

**SW** - This program has been submitted to the State of Missouri Committee for Social Workers with 5.75 clock hours. Intermediate Level Course. Approval pending.

**PT** - The Missouri State Board of Registration for the Healing Arts and/or the Missouri Advisory Commission for Physical Therapists will not preapprove continuing educational courses and/or activities. The burden is upon the licensee to make certain that any courses or activities completed for the purpose of satisfying the continuing educational requirements meet the criteria specified as acceptable continuing education. SSM-Select Rehabilitation will provide the needed documentation to utilize the education event for licensure. Please consult the Missouri Department of Professional Registration for your ability to utilize the course toward licensure requirements: <http://pr.mo.gov/>



Domain of OT: Activity Demands; Occupational Therapy Process: Intervention; Occupational Therapy Process: Outcomes  
The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.  
Approval status does not imply endorsements by the provider, or AOTA of any commercial products displayed in conjunction with this educational event.  
There has been no commercial support received for this educational program.  
This education event has been submitted for 5.75 contact hours to AOTA.

**Speech-Language Pathology** -  
This course is offered for 0.55 ASHA CEUs (Intermediate level, Professional area).

**Grievances:** If you have any questions or complaints regarding this program, please contact us at 314-474-1700 ext. 1, providing your complaint and contact information, and we will respond to you within 72 hours.

**ADA Compliance Statement:** In compliance with the American's with Disability Act of 1990, we will make all reasonable efforts to accommodate persons with disabilities. Please call with your requests.

**APPROVED PROVIDER**

**Inpatient Rehabilitation Division of Select Medical – Midwest** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

# DISCLOSURES

**Maha Younes, Ph.D.**  
Financial: No disclosures  
Non-Financial: No disclosures

**Phuong Nguyen, MD**  
Financial: Receives a salary from SSM-Select Rehab St. Louis, LLC  
Non-Financial: No disclosures

**Kerri Bower, MSW, LMSW**  
Financial: Receives a salary from SSM-Select Rehab St. Louis, LLC  
Non-Financial: No disclosures

**Samuel Charway, BSN, CRRN**  
Financial: Receives a salary from SSM-Select Rehab St. Louis, LLC  
Non-Financial: No disclosures  
**Kathleen Winkelmann, OTR/L, CBIS-T**  
Financial: Receives a salary from SSM-Select Rehab St. Louis, LLC  
Non-Financial: No disclosures  
**Brittany O'Rourke, PT, DPT, CBIS**  
Financial: Receives a salary from SSM-Select Rehab St. Louis, LLC  
Non-Financial: No disclosures  
**John Mundloch, MS, CCC-SLP, CBIS**  
Financial: Receives a salary from SSM-Select Rehab St. Louis, LLC  
Non-Financial: No disclosures

**Rachel McCarthy, OTR/L, CBIS**  
Financial: Receives a salary from SSM-Select Rehab St. Louis, LLC  
Non-Financial: No disclosures

**Christine Alsop**  
Financial: No disclosures  
Non-Financial: No disclosures

**Debbie Emmelkamp, MSW, LCSW**  
Financial: No disclosures  
Non-Financial: No disclosures

**Lindsey Kampwerth, OTR/L**  
Financial: No disclosures  
Non-Financial: No disclosures

**TJ Zuzga**  
Financial: No disclosures  
Non-Financial: No disclosures

**Nathan Franklin**  
Financial: No disclosures  
Non-Financial: No disclosures